



Lauren L. Mitchell

Partner
Employment & Labor

Chicago

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Focus Areas

Commercial Litigation
Employment & Labor Law
Employment Litigation

Experience

Lauren L. Mitchell is a partner in the complex litigation/dispute resolution group. Lauren focuses her practice on the efficient and effective resolution of employment disputes. She defends employers against discrimination, harassment, and retaliation claims in EEOC investigations through civil litigation and provides legal counsel in defending against Title VII, ADEA, FLSA, and TCHRA claims and employment-related tort claims. Lauren frequently prosecutes claims for breach of covenants not to compete and she represents clients regarding confidentiality and non-solicitation agreements.

Lauren has experience preparing and defending witnesses for depositions, drafting legal motions, discovery requests and responses, and other substantive pleadings. She also provides advice and counsel to assist clients in minimizing the risk of litigation.

Lauren received her J.D. from the Southern Methodist University Dedman School of Law. While in law school, she was selected as an articles editor for the International Law Review Association and she worked as a student attorney in the Southern Methodist University Civil Clinic where she represented clients in consumer law matters. Lauren earned a B.A. in Crime and Justice Studies, graduating cum laude from the University of Texas at Dallas.

Credentials

Education

Southern Methodist University Dedman School of Law

Dallas, Texas 2010

Honors: cum laude
Juris Doctor

University of Texas at Dallas

Richardson, Texas 2005
Honors: cum laude
B.A. Crime and Justice Studies

Associations and Memberships

State Bar of Texas
Dallas Bar Association
Dallas Volunteer Attorney Program

Honors and Awards

Dallas Association of Young Lawyers Foundation, Fellow
Texas Rising Stars, Thomson Reuters
2018-2021

Admissions

Texas, 2010
U.S. District Court, Eastern District of Texas
U.S. District Court, Northern District of Texas